



FIFE ALCOHOL SUPPORT SERVICE

**Call us in confidence on**

**01592 206 200**

**Fax**

**01592 206 201**

**Email**

**enquiries@fife-alcohol-support.org.uk**

**Website**

**www.fassaction.org.uk**

**Fife Alcohol Support Service**

**17 Tolbooth Street**

**KIRKCALDY**

**KY1 1RW**

**General Office Hours**

<b>Monday</b>	<b>9.15 – 12.30pm</b>	<b>1.30 - 4.15pm</b>
<b>Tuesday</b>	<b>9.15 – 12.30pm</b>	<b>1.30 - 4.15pm</b>
<b>Wednesday</b>	<b>9.15 – 12.30pm</b>	<b>1.30 - 4.15pm</b>
<b>Thursday</b>	<b>9.15 – 12.30pm</b>	<b>1.30 - 4.15pm</b>
<b>Friday</b>	<b>9.15 – 12.30pm</b>	

**Out-of-Hours Telephone Answering Service**



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## **Our Services**

### **Information and advice for...**

- **Anyone who is concerned about their own drinking**
- **Relatives and friends of people with alcohol problems**
- **Employers, health professionals, social workers and others with a professional interest in the field**

### **Counselling**

- **One-to-one free confidential support**
- **Tailored to meet your needs**
- **Choice of an abstinence or controlled drink programme**
- **Goal-focused and matched to measurable progress**

### **Specialist Services**

- **Counselling provided by highly trained alcohol counsellors supervised to the highest standards**
- **Day & evening Fife-wide counselling available in Health Centres and Outreach Centres**
- **Quality training for employers and frontline workers**
- **Talks and presentations to external agencies**

