



Call us in confidence on  
**01592 206 200**

Email  
**enquiries@fassaction.org.uk**

Website  
**www.fassaction.org.uk**

**Fife Alcohol Support Service**  
**17 Tolbooth Street**  
**Kirkcaldy**  
**KY1 1RW**

### Office Hours

Monday	9.30—12.30pm	1.30—4.15pm
Tuesday	9.30—12.30pm	1.30—4.15pm
Wednesday	9.30—12.30pm	1.30—4.15pm
Thursday	9.30—12.30pm	1.30—4.15pm
Friday	9.30—12.30pm	1.30—4.15pm

A telephone answering service operates when we are not available. Please leave your name, number and a brief message. We will return your call as soon as we can.



## Our Service

### Information and Advice

- For anyone who is concerned about their own drinking
- For relatives and friends of people with alcohol-related problems
- For employers, health professionals, social workers and others with a professional interest

### Alcohol Counselling

- One-to-one, confidential counselling for adults aged 16 years and over with alcohol-related problems
- Trauma aware support tailored to meet your needs
- Choice of abstinence or controlled drinking programmes, goal focused and matched to measurable progress
- Support for relatives and friends
- Available day & evening in Health Centres and other community locations throughout Fife

